



Au Pair USA

**A\$1850 FULLY
INCLUSIVE***

Unlike other Au Pair programs, our fee has no 'hidden extras'. What you see is what you get.

Duration:

12 months

Destination:

USA

"I'm having an amazing time over in the States. I've met lots of au pairs and my family is just wonderful."

Alyce Robinson –
Au Pair USA participant



WORK AS AN AU PAIR IN THE USA FOR UP TO 12 MONTHS!

Do you love children? Are you eager to spend an enriching year abroad? Do you want to experience authentic American life as a trusted family member? Would you like to make lifelong friends abroad?

You can make it happen, by living as part of an American Host Family for a year through our US partner, Cultural Homestay International (CHI). You'll help care for your host family's children in exchange for the experience of living as a family member in an American household.

The Au Pair program is designed to benefit both you and your host family. It is neither just a cheap holiday for you nor just cheap child care for the family.

You will be a family member, which means you will be included in family activities but also be expected to help out with laying the table, washing dishes etc.

This is a program for adults, so you will have the freedom to meet friends, do sports, go out in the evenings, etc. but you also have the obligation to behave responsibly and respect your family.

As you experience how other people live, think, and raise their children, you will discover new things about your own life and culture. And, since your J-1 visa allows you to stay for a "13th month", you'll have a chance to travel in America before returning home to Australia.



The Role of Au Pair

As an Au Pair, you live as a member of an American host family, sharing in their daily life as part of their family. You become a special member of the family not a servant.

In exchange for up to 45 hours of child care assistance that you will provide for your host family's children each week you will receive the following:

- Own room and meals
- Weekly pocket money of \$195.75(US)
- You'll have two weeks of holiday with pocket money during your year
- One entire weekend off per month, and at least one and a half continuous days free each week
- You'll have time to spend as you choose
- The opportunity to study in American classes. Part of being an Au Pair is studying at a local educational institution for 3 hours per week. Your family will help you get enrolled, and they will pay up to US \$500 for your school fees, and make sure that you will have transportation to your classes.
- You will receive a **US\$500 bonus** on successful completion of your 12 month program!



Benefits

The experience can be beneficial in many different ways:

- Earn US\$ which you can use to travel around the country during holidays and at the end of your program
- Receive professional training on arrival in the USA and further paid educational opportunities during your stay
- Gain a secure base from which to see the USA
- Have the option to extend your program if all goes well
- Test yourself and acquire independence and maturity
- Make new friends and appreciate old ones even more
- Gain experience and judgement

Becoming an Au Pair gives you more than knowledge about America, its language and culture. A year abroad teaches you about building friendships, taking responsibility for yourself, respecting differences and tolerating the beliefs of others.

Upon arrival in the USA, Au Pairs spend 3 days in Washington DC (with first aid and CPR training) before heading off to their homestay communities.

In addition, you will learn about various child development stages with emphasis on techniques that promote a successful relationship between you and the children of your host family.

You and other arriving Au Pairs will begin adjusting to life in America right away. By the end of your stay, you'll feel more confident and eager to meet your new host family



How to Apply

Step 1: Download all the available information to learn more about the program or contact us directly to discuss our programs further.

Step 2: Complete the Au Pair Application Form: Complete the form in full (neatly, in dark ink). Remember, your application form will be reproduced and distributed to prospective host families, so it should be as informative, neat and attractive as possible. Attach a colour passport photo of yourself (smiling please).

Step 3: Return your Application Package to us along with your \$250 deposit.

Step 4: Once we receive your application, we will acknowledge its receipt and liaise with you regarding any missing information or anything that's not clear. We will check it for eligibility and then we'll arrange to meet with you to conduct a selection interview in your nearest capital city where we will also conduct your psychometric test.

Eligibility

You may be accepted if you:

- Are 18 through 26 years of age.
- Enjoy children aged 3 months to 12 years, and have at least 200 hours experience in caring for children (babysitting, etc.). You will not be placed with a host family with children under 2 years unless you have this 200 hours of experience.
- Enjoy helping children grow and develop, and are willing to enrich the lives of your host family by sharing your culture and traditions.
- Are a responsible person who is willing to make a one year commitment to experience American culture by living as a member of an American family, and providing up to 45 hours of child care assistance each week.
- Have graduated from secondary school in Australia (i.e. have completed at least the educational equivalent of an American high school diploma).
- Pass a criminal background check
- Pass a psychometric test and personal interview
- Are conversant in English.
- Are in good health.
- Are energetic and enthusiastic.
- Are a non-smoker.
- Are a licensed driver.

Other Inclusions

- ✓ Return economy airfare with recognised airlines ex Syd if you complete the program successfully
- ✓ Travel to and from your host family at the beginning and end of the program.
- ✓ Travel health insurance intended for sudden illnesses, injuries and accidents.
- ✓ A regular schedule of social, cultural and recreational activities with other Au Pairs.
- ✓ Support in the USA from an experienced CHI Community Counsellor.
- ✓ The legal sponsorship necessary to obtain your J-1 visa for 12 months.
- ✓ Assistance with obtaining your visa.
- ✓ Monthly meetings in your local community with your Coordinator.
- ✓ 3 day orientation in Washington DC on arrival including transfers, accommodation, meals & sightseeing.
- ✓ Handbook providing tips on being an Au Pair.

Step 5: If you successfully pass your interview and the psychometric test we will formally accept you onto the program and invoice you for the balance of the program fee.

Step 6: Once we have received your final payment your application will be sent over to the US where the search for your host family begins.

Step 7: Once your placement is finalised you will be provided with your host family profile and your departure date will be confirmed. You will then be provided with the necessary documents required to apply for your J-1 visa.

Step 8: Attend a visa interview at the nearest US consulate and, if successful, receive your J-1 visa.

Step 9: Step aboard your flight to Washington DC where you will attend the 3 day orientation.